



2023 Excellence in Quality Award (Over 300 Beds) Norman Regional Health System Hip Fracture Morbidity and Mortality

Aim Statement

By the end of FY 2022 as compared to FY2021: improve the percentage of hip fracture patients out of bed on the day of surgery by 50%, and improve the percentage of hip fracture patients out of bed for 3 meals a day, starting on post-operative day #1.

Interventions

- Interventions to facilitate early mobility were initiated, including:
- Revised order sets to include “Mobilize within 12 hours of surgery unless contraindicated”.
 - Educated staff on rationale for early and frequent post-op mobilization.
 - Reported early mobilization data to leadership teams.
 - Identified and addressed barriers to patients not getting out-of-bed at mealtime.
 - Revised patient/family education materials to educate on importance of early mobilization and alleviate fears.

What We Learned

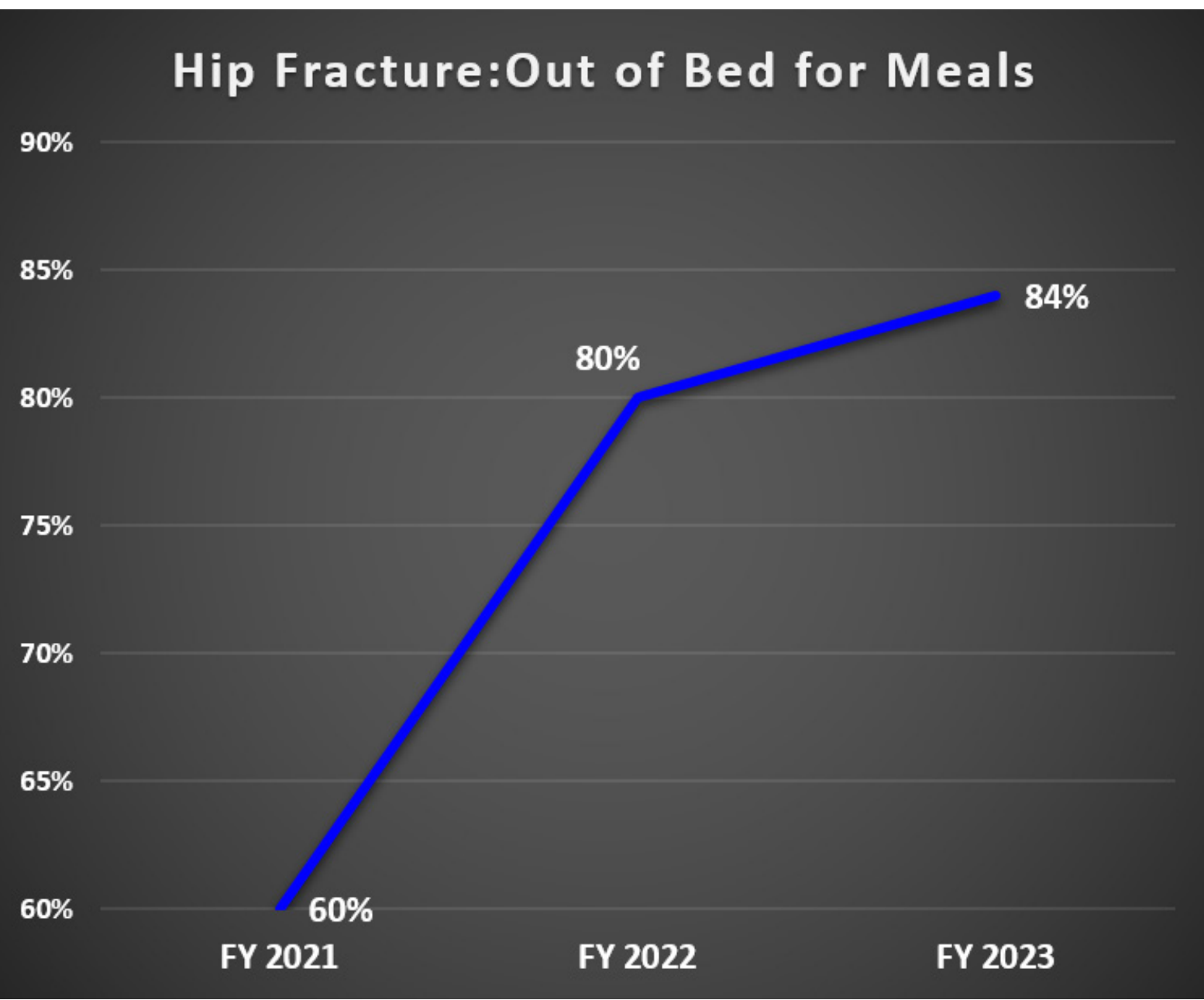
- Staff will believe and support a quality initiative better if they understand the rationale.
- Perception is reality until it is proven wrong. Staff were surprised when their perception of time to bed and outliers for getting up for meals was dispelled with the data.
- If everyone is in charge, no one is truly in charge: Defined roles and responsibilities for all staff is key to improving patient outcomes.

Team Members

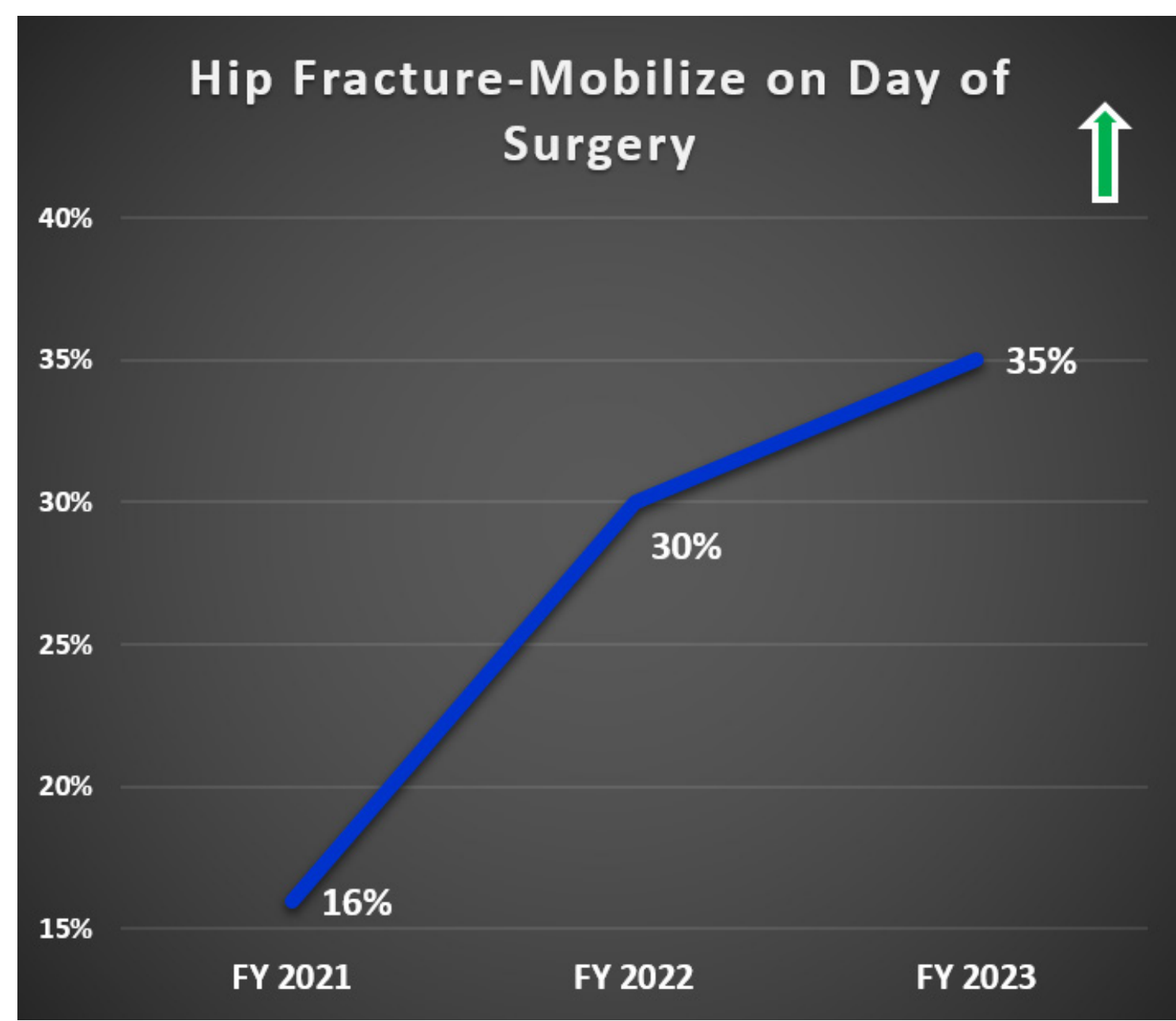


Ortho Leadership, Left to Right: Grant Swayze Ortho Nurse Manager; Lisa Robertson, Acute Physical Rehab Manager; Vanessa Lee, Director of Patient Care Services; Josh Jones, Lead PT, Bruce Rau, Lead OT; Ally Henson, Lead ST.

Outcomes



Final performance improvement for FY 2023: 84%.



Final performance improvement for FY 2023: 35%.

Sustainability & Spread

- Increase goals for mobilization on day-of-surgery in FY2024;
- Continue goal of out-of-bed for meals at 80% for FY2024;
- Apply lessons learned for mobilization on day-of-surgery to spinal surgery patients;
- Apply lessons learned for out-of-bed meals to patients with cerebral vascular accidents.